

April

2023

Atlanta Community Schools

Breakfast Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Breakfast round Fruit & Milk	4 Breakfast Kit Fruit & Milk	5 Poptarts Fruit & Milk	6 Muffins Fruit & Milk	7 No School	8
9	10 Pancake Bowl Go gurt Fruit & Milk	11 Banana Bread Fruit & Milk	12 Breakfast Sandwich Fruit & Milk	13 Bagel & Cream Cheese Fruit & Milk	14 Bacon, Egg & Cheese Scramble w/ Toast Fruit & Milk	15
16	17 Omelet W/ Toast Fruit & Milk	18 Donut Holes Fruit & Milk	19 Butterscotch Bar Fruit & Milk	20 Apple Cinnamon Texas Toast Fruit & Milk	21 Yogurt Parfait Fruit & Milk	22
23	24 Mini Pancake Fruit & Milk	25 Muffins Fruit & Milk	26 Omelet W/ Toast Fruit & Milk	27 Breakfast Sandwich Fruit & Milk	28 No School	29

Breakfast & Lunch is free to all students.

Menu is subject to change. This institution is an equal opportunity provider and employer menu is subject to change.

1. Fresh fruit and a vegetable are offered daily.
2. No trans-fat in the food offered.
3. All breads and grains offered are whole grain.
4. Calories are limited for different grade levels.
5. Only nonfat and flavored nonfat milk offered.
6. Students must have a fruit & veggie with their meal.
7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more are purchased.
8. Low fat dressings for salads are offered.
9. An alternative meal can be substituted of peanut butter and jelly sandwich with cheese stick. If the student doesn't want the meal planned for the day.
10. Cereal, Muffin, cheese stick, fruit juice & milk offered every day at Breakfast.
11. Fresh veggie bar offered daily at lunch.