

# April

# 2023

Atlanta Community Schools

## High School Lunch



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Chicken Drumstick Redskins, Biscuit Fruit, Salad Bar & Milk	4 Taco's Refried Beans, Grapes Salad Bar & Milk	5 French Toast Hash brown, links Fruit Salad Bar & Milk	6 Pizza Gold Fish Fruit Salad Bar & Milk	7 No School	8
9	10 Nacho's Refried Beans Fruit, Hummus Salad Bar & Milk	11 Macaroni & Cheese Gold fish Fruit Salad bar & Milk	12 Chicken Patty Sandwich Fries, Fruit Salad Bar & Milk	13 Spaghetti Fruit Salad bar & Milk	14 Hot dog Baked bean Sun Chips, Fruit Salad Bar & Milk	15
16	17 Beef Burrito Fruit Salad bar & Milk	18 Hammy Sammy Sun Chips Fruit Salad Bar & Milk	19 Chicken Sandwich Fries Fruit Salad Bar & Milk	20 Taco's Hummus Fruit Salad Bar & Milk	21 Chicken Ranch Wrap Sun Chips Fruit Salad Bar & Milk	22
23	24 Chicken Fajita Refried Beans Fruit Salad bar & Milk	25 Chili Corn Muffin Gold fish, Fruit Salad Bar & Milk	26 Walking Taco Mexican Rice Fruit Salad Bar & Milk	27 Grilled Cheese Tomato Soup Grapes Salad Bar & Milk	28 No School	29

Breakfast & Lunch is free to all students.

Menu is subject to change. This institution is an equal opportunity provider and employer menu is subject to change.

1. Fresh fruit and a vegetable are offered daily.
2. No trans-fat in the food offered.
3. All breads and grains offered are whole grain.
4. Calories are limited for different grade levels.
5. Only nonfat and flavored nonfat milk offered.
6. Students must have a fruit & veggie with their meal.
7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more are purchased.
8. Low fat dressings for salads are offered.
9. An alternative meal can be substituted of peanut butter and jelly sandwich with cheese stick. If the student doesn't want the meal planned for the day.
10. Cereal, Muffin, cheese stick, fruit juice & milk offered every day at Breakfast.
11. Fresh veggie bar offered daily at lunch.