

# April

2024

Atlanta Community Schools

## Breakfast Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<sup>1</sup> Breakfast Round Choice of Fruit Choice of Milk	<sup>2</sup> Breakfast Kit Choice of Fruit Choice of Milk	<sup>3</sup> Apple Cinnamon Texas Toast Choice of Fruit Choice of Milk	<sup>4</sup> Lemon Bread Choice of Fruit Choice of Milk	<sup>5</sup> Muffin Choice of Fruit Choice of Milk	<sup>6</sup>
<sup>7</sup>	<sup>8</sup> Egg Omelet W/ toast and Potatoes Choice of Fruit Choice of Milk	<sup>9</sup> Banana Bread Choice of Fruit Choice of Milk	<sup>10</sup> French Toast Hash browns Choice of Fruit Choice of Milk	<sup>11</sup> Bagel Choice of Fruit Choice of Milk	<sup>12</sup> Overnight Oats Choice of Fruit Choice of Milk	<sup>13</sup>
<sup>14</sup>	<sup>15</sup> Egg & Cheese Burrito Choice of Fruit Choice of Milk	<sup>16</sup> Donut Choice of Fruit Choice of Milk	<sup>17</sup> Mini French Toast Choice of Fruit Choice of Milk	<sup>18</sup> Chocolate Oatmeal Bar Yogurt Choice of Fruit Choice of Milk	<sup>19</sup> Yogurt Parfait Choice of Fruit Choice of Milk	<sup>20</sup>
<sup>21</sup>	<sup>22</sup> Pop tart Choice of Fruit Choice of Milk	<sup>23</sup> Banana Bread Choice of Fruit Choice of Milk	<sup>24</sup> Cinnamon Blueberry Twist Choice of Fruit Choice of Milk	<sup>25</sup> Chocolate Cherry Granola Bar Choice of Fruit Choice of Milk	<sup>26</sup> Bacon, Egg & Cheese Scramble W/ toast Choice of Fruit Choice of Milk	<sup>27</sup>
<sup>28</sup>	<sup>29</sup> Mini Pancake Choice of Fruit Choice of Milk	<sup>30</sup> Choice of Muffin Choice of Fruit Choice of Milk				

Breakfast & Lunch is free to all students

Menu is subject to change. This institution is an equal opportunity provider and employer.

1. Fresh fruit & vegetable are offered daily
2. No trans-fat in the food offered
3. All breads and grains offered are whole grain
4. Calories are limited for different grade levels
5. Only nonfat and flavored nonfat milk offered
6. Students must have a fruit or vegetable with their meal
7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
8. Low fat dressings for salads are offered
9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
10. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
11. Fresh vegetable bar offered daily at lunch