

2024

Atlanta Community Schools

High School Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Chicken Drumstick Red Skin, Biscuit Fruit, Salad Bar Milk	Pretzel String Cheese Yogurt Fruit, Salad Bar Milk	Pizza Sub Fries Fruit, Salad Bar Milk	French Toast Hash Browns Sausage Links Fruit, Salad Bar Milk	Chicken Tenders Sun chips Fruit, Salad Bar Milk	6
7	8 Philly Sub Fruit, Salad Bar Milk	9 Chicken Nuggets Sun Chips Fruit, Salad Bar Milk	Hamburger Fries Fruit, Salad Bar Milk	Nacho's Guacamole, Hummus Fruit, Salad Bar Milk	Pizza Pizza Teddy Grahams Fruit, Salad Bar Milk	13
14	Beef Burrito Fruit, Salad Bar Milk	Hammy Sammy Chips Fruit, Salad Bar Milk	Chicken Sandwich Fries Fruit, Salad Bar Milk	Taco's Hummus Fruit, Salad Bar Milk	Chicken Ranch Wrap Chips Fruit, Salad Bar Milk	20
21	General Tao's Noodles Fruit, Salad Bar Milk	Calzone Sweet Potato Fries Fruit, Salad Bar Milk	Chicken Patty Fries Fruit, Salad Bar Milk	Macaroni & Cheese Goldfish Fruit, Salad Bar Milk	Hot Dog Baked Beans Chips Fruit, Salad Bar Milk	27

28	29	30
	Chicken Fajita	Cheese Ravioli
	Hummus	Breadstick
	Guacamole	Gold fish
	Fruit, Salad Bar	Fruit, Salad Bar

Breakfast & Lunch is free to all students Menu is subject to change. This institution is an equal opportunity provider and employer.

- 1. Fresh fruit & vegetable are offered daily
- 2. No trans-fat in the food offered
- 3. All breads and grains offered are whole grain
- 4. <u>Calories are limited for different grade levels</u>
- 5. Only nonfat and flavored nonfat milk offered
- 6. Students must have a fruit or vegetable with their meal
- 7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
- 8. Low fat dressings for salads are offered
- 9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
- 10. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
- 11. Fresh vegetable bar offered daily at lunch