

April

2024

Atlanta Community Schools

Middle School Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	¹ Chicken Drumstick Red Skin, Fruit, Salad Bar Milk	² Pretzel String Cheese Yogurt Fruit, Salad Bar Milk	³ Pizza Sub Fruit, Salad Bar Milk	⁴ French Toast Hash Browns Sausage Links Fruit, Salad Bar Milk	⁵ Chicken Tenders Sun chips Fruit, Salad Bar Milk	⁶
⁷	⁸ Philly Sub Fruit, Salad Bar Milk	⁹ Chicken Nuggets Fruit, Salad Bar Milk	¹⁰ Hamburger Fries Fruit, Salad Bar Milk	¹¹ Nacho's Refried Beans Fruit, Salad Bar Milk	¹² Pizza Fruit, Salad Bar Milk	¹³
¹⁴	¹⁵ Beef Burrito Fruit, Salad Bar Milk	¹⁶ Hammy Sammy Fruit, Salad Bar Milk	¹⁷ Chicken Sandwich Fruit, Salad Bar Milk	¹⁸ Taco's Fruit, Salad Bar Milk	¹⁹ Chicken Ranch Wrap Fruit, Salad Bar Milk	²⁰
²¹	²² General Tao's Noodles Fruit, Salad Bar Milk	²³ Calzone Fruit, Salad Bar Milk	²⁴ Chicken Patty Fruit, Salad Bar Milk	²⁵ Macaroni & Cheese Fruit, Salad Bar Milk	²⁶ Hot Dog Baked Beans Fruit, Salad Bar Milk	²⁷
²⁸	²⁹ Chicken Fajita Rice Fruit, Salad Bar Milk	³⁰ Cheese Ravioli Breadstick Fruit, Salad Bar Milk				

Breakfast & Lunch is free to all students

Menu is subject to change. This institution is an equal opportunity provider and employer.

1. Fresh fruit & vegetable are offered daily
2. No trans-fat in the food offered
3. All breads and grains offered are whole grain
4. Calories are limited for different grade levels
5. Only nonfat and flavored nonfat milk offered
6. Students must have a fruit or vegetable with their meal
7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
8. Low fat dressings for salads are offered
9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
10. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
11. Fresh vegetable bar offered daily at lunch