December 2022

Atlanta Community Schools

Elementary Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Chicken Ranch Wrap Fruit Salad bar & Milk	2 Hot Dog Baked Beans Veggies, Fruit Salad bar & milk	3
4	5 Chicken Breast Redskins Hot Vegetable Fruit, breadsticks Salad bar & Milk	6 Taco's Grapes Salad Bar & Milk	7 Turkey Sub Fruit Salad Bar & Milk	8 French Toast Sticks Sausage links Hash browns Fruit Salad Bar & Milk	9 Pizza Fruit Salad Bar & Milk	10
11	12 Chicken Nuggets Veggies Fruit Salad bar & milk	13 Nachos Corn Fruit Refried Beans	14 Hamburger Fries Fruit Salad Bar & Milk	15 Spaghetti Green Beans Fruit Salad Bar & Milk	16 Biscuits & Gravy Hash browns Fruit Salad Bar & milk	17
18	19 Chicken Fajita's Mexican Rice Fruit Salad bar & milk	20 Chili, Veggies Corn Muffin Crackers, Fruit Salad bar & milk	21 Walking Taco Veggies Refried Beans Fruit Salad bar & milk	22 No School Christmas Break Begins	23 No School	24
25	26 No School	27 No School	28 No School	29 No School	30 No School	31

Breakfast & Lunch is free to all students.
Menu is subject to change. This institution is an equal opportunity provider and employer menu is subject to change.
1.Fresh fruit and a vegetable are offered daily.
2.No trans-fat in the food offered.
3. All breads and grains offered are whole grain.
4. Calories are limited for different grade levels.
5. Only nonfat and flavored nonfat milk offered.
6. Students must have a fruit & veggie with their meal.
7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more are purchased.
8. Low fat dressings for salads are offered.
9. An alternative meal can be substituted of peanut butter and jelly sandwich with cheese stick. If the student doesn't want the meal planned for the day.
10. Cereal, Muffin, cheese stick, fruit juice & milk offered every day at Breakfast.
11. Fresh veggie bar offered daily at lunch.