

December

2023

Atlanta Community Schools

High School Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Pizza Goldfish Choice of Fruit & Milk	2
3	4 Chicken Sandwich Fries Choice of Fruit & Milk	5 Chili Corn Muffin Choice of Fruit & Milk	6 Beef & Cheddar Sandwich Sun chips Choice of Fruit & Milk	7 Walking Taco Guacamole, Hummus Choice of Fruit & Milk	8 Spaghetti Garlic Bread Choice of Fruit & Milk	9
10	11 Philly Sub Choice of Fruit & Milk	12 Chicken Nugget Sun chips Choice of Fruit & Milk	13 Hamburger Fries Choice of Fruit & Milk	14 Nacho's Guacamole, Hummus Choice of Fruit & Milk	15 Pizza Teddy Grahams Choice of Fruit & Milk	16
17	18 Beef Burrito Choice of Fruit & Milk	19 Hammy Sammy Sun Chips Choice of Fruit & Milk	20 Christmas Ham Lunch	21 Taco's Choice of Fruit & Milk	22 No School Christmas Break Begins	23
24	25 No School Christmas Break	26 No School Christmas Break	27 No School Christmas Break	28 No School Christmas Break	29 No School Christmas Break	30
31						

Breakfast & Lunch is free to all students

Menu is subject to change. This institution is an equal opportunity provider and employer.

1. Fresh fruit & vegetable are offered daily
2. No trans-fat in the food offered
3. All breads and grains offered are whole grain
4. Calories are limited for different grade levels
5. Only nonfat and flavored nonfat milk offered
6. Students must have a fruit or vegetable with their meal
7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
8. Low fat dressings for salads are offered
9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
10. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
11. Fresh vegetable bar offered daily at lunch