February

## 2024

Atlanta Community School

## **Elementary Lunch**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				۱ Walking Taco Refried Beans Choice of Fruit & Milk	2 Spaghetti Choice of Fruit & Milk	
4	5 Philly Sub Choice of Fruit & Milk	6 Chicken Nugget Choice of Fruit & Milk	7 Hamburger Fries Choice of Fruit & Milk	8 Nacho's Refried Beans Choice of Fruit & Milk	9 Pizza Choice of Fruit & Milk	:
11	12 Beef Burrito Choice of Fruit & Milk	13 Hammy Sammy Choice of Fruit & Milk	14 Chicken Sandwich Choice of Fruit & Milk	15 Taco's Choice of Fruit & Milk	16 Chicken Ranch Wrap Choice of Fruit & Milk	
18	19 No School	20 Cheese Ravioli Breadstick Choice of Fruit & Milk	21 Grilled Cheese Tomato Soup Choice of Fruit & Milk	22 Walking Taco Choice of Fruit & Milk	23 Popcorn Chicken Mashed Potato, Gravy, Corn Choice of Fruit & Milk	:
25	26 General Tso Chicken Garlic Noodles Choice of Fruit & Milk	27 Calzone Choice of Fruit & Milk	28 Chicken Patty Choice of Fruit & Milk	29 Macaroni & Cheese Choice of Fruit & Milk		

Breakfast & Lunch is free to all students Menu is subject to change. This institution is an equal opportunity provider and employer.

- 1. Fresh fruit & vegetable are offered daily
- 2. No trans-fat in the food offered
- 3. All breads and grains offered are whole grain
- 4. Calories are limited for different grade levels
- 5. Only nonfat and flavored nonfat milk offered
- 6. Students must have a fruit or vegetable with their meal
- 7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
- 8. Low fat dressings for salads are offered
- 9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal

## <u>planned for the day</u>

- 10. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
- 11. Fresh vegetable bar offered daily at lunch