

# February

2024

Atlanta Community School

## High School Lunch



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Walking Taco Hummus Choice of Fruit & Milk	2 Spaghetti Garlic Bread Choice of Fruit & Milk	3
4	5 Philly Sub Choice of Fruit & Milk	6 Chicken Nugget Sun Chips Choice of Fruit & Milk	7 Hamburger Fries Choice of Fruit & Milk	8 Nacho's Guacamole, Hummus Choice of Fruit & Milk	9 Pizza Teddy Grahams Choice of Fruit & Milk	10
11	12 Beef Burrito Choice of Fruit & Milk	13 Hammy Sammy Sun Chips Choice of Fruit & Milk	14 Chicken Sandwich Fries Choice of Fruit & Milk	15 Taco's Hummus Choice of Fruit & Milk	16 Chicken Ranch Wrap Sun Chips Choice of Fruit & Milk	17
18	19 No School	20 Cheese Ravioli Breadstick Goldfish Choice of Fruit & Milk	21 Grilled Cheese Tomato Soup Choice of Fruit & Milk	22 Walking Taco Mexican Rice Hummus Choice of Fruit & Milk	23 Popcorn Chicken Mashed Potato, Gravy, Corn Choice of Fruit & Milk	24
25	26 General Tso Chicken Garlic Noodles Choice of Fruit & Milk	27 Calzone Sweet Potato Fries Choice of Fruit & Milk	28 Chicken Patty Fries Choice of Fruit & Milk	29 Macaroni & Cheese Gold Fish Choice of Fruit & Milk		

Breakfast & Lunch is free to all students

Menu is subject to change. This institution is an equal opportunity provider and employer.

1. Fresh fruit & vegetable are offered daily
2. No trans-fat in the food offered
3. All breads and grains offered are whole grain
4. Calories are limited for different grade levels
5. Only nonfat and flavored nonfat milk offered
6. Students must have a fruit or vegetable with their meal
7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
8. Low fat dressings for salads are offered
9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
10. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
11. Fresh vegetable bar offered daily at lunch