

January

2024

Atlanta Community Schools

High School Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 No School	2 Cheese Ravioli Breadstick Teddy Grahams Choice of Fruit & Milk	3 Walking Taco Hummus Choice of Fruit & Milk	4 Grilled Cheese Tomato Soup Choice of Fruit & Milk	5 Popcorn Chicken Mashed Potatoes gravy, Biscuit Corn, Choice of Fruit & Milk	6
7	8 General Tao's Chicken Thai Noodles Choice of Fruit & Milk	9 Calzone Sweet Potato Fries Choice of Fruit & Milk	10 Chicken Patty Sandwich Fries Choice of Fruit & Milk	11 Macaroni & Cheese Goldfish Choice of Fruit & Milk	12 Hot Dog Baked Beans Sun chips Choice of Fruit & Milk	13
14	15 No School	16 Nacho Refried Beans Choice of Fruit & Milk	17 Hamburger Fries Choice of Fruit & Milk	18 Spaghetti Choice of Fruit & Milk	19 Uncrustable String Cheese Sun chips Choice of Fruit & Milk	20
21	22 Chicken Drumstick Red skin potato Biscuit, Choice of Fruit & Milk	23 Pretzel String Cheese Choice of Fruit & Milk	24 Turkey Sub Fries Choice of Fruit & Milk	25 French Toast Hash browns, Sausage Links Choice of Fruit & Milk	26 Pizza Goldfish Choice Of Fruit & Milk	27
28	29 Chicken Sandwich Fries Choice of Fruit & Milk	30 Chili Corn Muffin Choice of Fruit & Milk	31 Beef & Cheddar Sandwich Sun chips Choice of Fruit & Milk			

Breakfast & Lunch is free to all students

Menu is subject to change. This institution is an equal opportunity provider and employer.

1. Fresh fruit & vegetable are offered daily
2. No trans-fat in the food offered

3. All breads and grains offered are whole grain
4. Calories are limited for different grade levels
5. Only nonfat and flavored nonfat milk offered
6. Students must have a fruit or vegetable with their meal
7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
8. Low fat dressings for salads are offered
9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
10. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
11. Fresh vegetable bar offered daily at lunch