

2023

Atlanta Community Schools

Breakfast Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				٦ Pancake Bowl Fruit & Milk	2 Breakfast Bites Fruit & Milk	3
4	5 Muffin Fruit & Milk	6 Muffin Fruit & Milk	7 Donut Fruit & Milk	8 Summer Break Starts	9 Summer Break	10
11	12 Summer Break	13 Summer Break	14 Summer Break	15 Summer Break	16 Summer Break	17
18	19 Summer Break	20 Summer Break	21 Summer Break	22 Summer Break	²³ Summer Break	24
25	26 Summer Break	27 Summer Break	28 Summer Break	29 Summer Break	30 Summer Break	

Breakfast & Lunch is free to all students.

Menu is subject to change. This institution is an equal opportunity provider and employer menu is subject to change.

1.Fresh fruit and a vegetable are offered daily.

2.No trans-fat in the food offered.

3. All breads and grains offered are whole grain.

4. Calories are limited for different grade levels.

5. Only nonfat and flavored nonfat milk offered.

6. Students must have a fruit & veggie with their meal.

7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more are purchased.

8. Low fat dressings for salads are offered.

9. An alternative meal can be substituted of peanut butter and jelly sandwich with cheese stick. If the student doesn't want the meal planned for the day.

10. Cereal, Muffin, cheese stick, fruit juice & milk offered every day at Breakfast.

11. Fresh veggie bar offered daily at lunch.