



# 2024 K-12 Breakfast

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
				1 NO SCHOOL	2	3
4 Muffin/Cereal Choice of Fruit Choice of Milk	5 Pop Tart Choice of Fruit Choice of milk	6 Cinnamon Bun Choice of Fruit Choice of milk	7 Blueberry Granola Bar Choice of Fruit Choice of milk	8 Banana Bread Choice of Fruit Choice of milk	9	10
11 Breakfast Round Choice of Fruit Choice of Milk	12 Donut Holes Yogurt Choice of Fruit Choice of Milk	13 WG Cereal Fruit & Milk	14 French Toast Sticks Choice of Fruit Choice of Milk	15 Chocolate Chip Oatmeal Bar Choice of Fruit Choice of Milk	16	17
18 SPRING BREAK	19 SPRING BREAK	20 SPRING BREAK	21 SPRING BREAK	22 SPRING BREAK	23	24
25 Mini Pancakes Choice of Fruit Choice of Milk	26 Chocolate Cherry Granola Bar Choice of Fruit Choice of Milk	27 Breakfast Sandwich Choice of Fruit Choice of Milk	28 Muffin/Cereal Choice of Fruit Choice of Milk	29 NO SCHOOL	30	31

## notes

Breakfast & Lunch is Free to all Students. This institution is an equal opportunity provider and employer menu is subject to change.

SCHOOL LUNCHES....THE FACTS:

1. Fresh fruit and a Vegetable bar offered daily. 2. No transfat in the food offered. 3. All breads and grains offered all whole grain. 4. Calories are limited for different grade levels. 5. Only non-fat and flavored non-fat milk offered. 6. Students must choose a fruit or veggie with their meal. 7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more are purchased. 8. Low fat dressings for salads are offered.