

May

2023

Atlanta Community Schools

Breakfast menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	¹ Omelet w/ Toast Fruit & Milk	² Sausage Pancake Bites Fruit & Milk	³ Butterscotch Oatmeal Bar Fruit & Milk	⁴ Bagel w/ Cream Cheese Fruit & Milk	⁵ Yogurt Parfait Fruit & Milk	⁶
⁷	⁸ Breakfast Round Fruit & Milk	⁹ Breakfast Kit Fruit & Milk	¹⁰ Apple Cinnamon Texas Toast Fruit & Milk	¹¹ Lemon Bread Yogurt Fruit & Milk	¹² Breakfast Scramble W/ Toast Fruit & Milk	¹³
¹⁴	¹⁵ Banana Bread Fruit & Milk	¹⁶ Egg & Cheese Burrito Fruit & Milk	¹⁷ Mini French Toast Fruit & Milk	¹⁸ Bagel w/ Cream Cheese Fruit & Milk	¹⁹ Yogurt Parfait Fruit & Milk	²⁰
²¹	²² Breakfast Round Fruit & Milk	²³ Banana Bread Fruit & Milk	²⁴ Mini Pancake Fruit & Milk	²⁵ Bacon, Egg & Cheese Scramble W Toast Fruit & Milk	²⁶ Muffins Fruit & Milk	²⁷
²⁸	²⁹ No School	³⁰ Butterscotch Oatmeal Bar Fruit & Milk	³¹ Omelet w/ Toast Fruit & Milk			

Breakfast & Lunch is free to all students.

Menu is subject to change. This institution is an equal opportunity provider and employer menu is subject to change.

1. Fresh fruit and a vegetable are offered daily.

2. No trans-fat in the food offered.

3. All breads and grains offered are whole grain.

4. Calories are limited for different grade levels.

5. Only nonfat and flavored nonfat milk offered.

6. Students must have a fruit & veggie with their meal.

7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more are purchased.

8. Low fat dressings for salads are offered.

9. An alternative meal can be substituted of peanut butter and jelly sandwich with cheese stick. If the student doesn't want the meal planned for the day.

10. Cereal, Muffin, cheese stick, fruit juice & milk offered every day at Breakfast.

11. Fresh veggie bar offered daily at lunch.

