

May

2024

Atlanta Community Schools

Middle School Lunch



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Grilled Cheese Tomato Soup Salad Bar, Fruit & Milk	2 Walking Taco Salad Bar, Fruit & Milk	3 Popcorn Chicken Mashed Potatoes Gravy, Corn, Salad Bar, Fruit & Milk	4
5	6 Chicken Breast Redskins, Biscuit Salad Bar, Fruit & Milk	7 Pretzel Yogurt Cheese Cup Salad Bar, Fruit & Milk	8 Pizza Sub Salad Bar, Fruit & Milk	9 French Toast Hash browns, Sausage Links Salad Bar, Fruit & Milk	10 Chicken Tenders Sun Chips Salad Bar, Fruit & Milk	11
12	13 Philly Sub Salad Bar, Fruit & Milk	14 Chicken Nugget Salad Bar, Fruit & Milk	15 Hamburger Fries Salad Bar, Fruit & Milk	16 Nacho's Guacamole Salad Bar, Fruit & Milk	17 Pizza Salad Bar, Fruit & Milk	18
19	20 Chicken Sandwich Salad Bar, Fruit & Milk	21 Calzone Salad Bar, Fruit & Milk	22 Sub Day Salad Bar, Fruit & Milk	23 Walking Taco Refried Beans Salad Bar, Fruit & Milk	24 Chicken Day Salad Bar, Fruit & Milk	25
26	27 No School Memorial Day	28 Cook's Choice Salad Bar, Fruit & Milk	29 Cook's Choice Salad Bar, Fruit & Milk	30 Cook's Choice Salad Bar, Fruit & Milk	31 Cook's Choice Salad Bar, Fruit & Milk	

Breakfast & Lunch is free to all students

Menu is subject to change. This institution is an equal opportunity provider and employer.

1. Fresh fruit & vegetable are offered daily
2. No trans-fat in the food offered
3. All breads and grains offered are whole grain

4. Calories are limited for different grade levels
5. Only nonfat and flavored nonfat milk offered
6. Students must have a fruit or vegetable with their meal
7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
8. Low fat dressings for salads are offered
9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
10. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
11. Fresh vegetable bar offered daily at lunch