

2023

Atlanta Community Schools

Elementary Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Chicken Nugget	Nacho's	Hamburger	Spaghetti	Uncrustables	
	Fruit	Refried Beans	Fries	Fruit	String Cheese	
	Salad Bar & Milk	Fruit	Fruit	Salad Bar & Milk	Chips, Fruit	
		Salad Bar & Milk	Salad Bar & Milk		Salad Bar& Milk	
7	8	9	10	11	12	13
	Chicken Breast	Taco's	Turkey Sub	French Toast	Pizza	
	Redskins, Biscuit	Grapes	Fruit	Hash Brown	Fruit	
	Fruit	Salad Bar & Milk	Salad Bar & Milk	Links, Fruit	Salad Bar & Milk	
	Salad Bar & Milk			Salad Bar & Milk		
14	15	16	17	18	19	20
	Beef Burrito	Hammy Sammy	Chicken	Taco's	Chicken Ranch	
	Fruit	Fruit	Sandwich	Fruit	Wrap	
	Salad Bar & Milk	Salad bar & Milk	Fruit	Salad Bar & Milk	Fruit	
			Salad Bar & Milk		Salad Bar & Milk	
21	22	23	24	25	26	27
	Nacho	Macaroni &	Chicken Patty	Hot Dog	Pizza	
	Refried Beans	Cheese	Fruit	Baked Beans	Fruit	
	Fruit	Fruit	Salad Bar & Milk	Salad Bar & Milk	Salad Bar & Milk	
	Salad Bar & Milk	Salad Bar & Milk				
28	29	30	31			
	No School	Hamburger	Walking Taco			
		Fries	Refried Beans			
		Fruit	Fruit			
		Salad Bar & Milk	Salad Bar & Milk			

Breakfast & Lunch is free to all students.

Menu is subject to change. This institution is an equal opportunity provider and employer menu is subject to change.

- ${\bf 1.} Fresh \ fruit \ and \ a \ vegetable \ are \ offered \ daily.$
- 2.No trans-fat in the food offered.
- 3. All breads and grains offered are whole grain.
- 4. Calories are limited for different grade levels.
- 5. Only nonfat and flavored nonfat milk offered.
- 6. Students must have a fruit & veggie with their meal.
- 7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more are purchased.
- 8. Low fat dressings for salads are offered.
- 9. An alternative meal can be substituted of peanut butter and jelly sandwich with cheese stick. If the student doesn't want the meal planned for the day.
- 10. Cereal, Muffin, cheese stick, fruit juice & milk offered every day at Breakfast.
- 11. Fresh veggie bar offered daily at lunch.