

2023

Atlanta Community Schools

Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		۱ Chicken Sandwich Choice of Fruit & Milk	2 Taco's Choice of Fruit & Milk	3 Chicken Ranch Wrap Choice of Fruit & Milk	
6 Chicken Fajita Mexican Rice Choice of Fruit & Milk	7 Cheese Ravioli Breadstick Choice of Fruit & Milk	8 Grilled Cheese Tomato Soup Choice of Fruit & Milk	9 Walking Taco Choice of Fruit & Milk	10 Chicken Noodle Soup Choice of Fruit & Milk	:
13 Nacho Refried Beans Choice of Fruit & Milk	14 Calzone Choice of Fruit & Milk	15 No School	16 Chicken Patty Choice of Fruit & Milk	17 Thanksgiving Lunch	
20 Chicken Nugget Choice of Fruit & Milk	21 Taco's Choice of Fruit & Milk	22 Hamburger Fries Choice of Fruit & Milk	23 No School	24 No School	
27 Chicken Breast Redskins Biscuit Choice of Fruit & Milk	28 Pretzel String Cheese Choice of Fruit & Milk	29 Turkey Sub Choice of Fruit & Milk	30 French Toast Hash browns Links Choice of Fruit & Milk		
	6 Chicken Fajita Mexican Rice Choice of Fruit & Milk 13 Nacho Refried Beans Choice of Fruit & Milk 20 Chicken Nugget Choice of Fruit & Milk 27 Chicken Breast Redskins Biscuit	67Chicken Fajita Mexican RiceCheese Ravioli BreadstickChoice of Fruit & MilkBreadstickChoice of Fruit & MilkChoice of Fruit & Milk1314Nacho Refried Beans Choice of Fruit & MilkCalzone Choice of Fruit & Milk2021Chicken Nugget Choice of Fruit & MilkTaco's Choice of Fruit & Milk2728Chicken Breast RedskinsString Cheese Choice of Fruit &	Image: line state st	222Chicken Sandwich Choice of Fruit & MilkChicken Sandwich Choice of Fruit & MilkTaco's Choice of Fruit & Milk678789Chicken Fajita Mexican Rice Choice of Fruit & Milk69Chicken Fajita Mexican Rice Choice of Fruit & Milk69Mexican Rice Choice of Fruit & Milk1314813141516Nacho Refried Beans Choice of Fruit & Milk1516Choice of Fruit & MilkChoice of Fruit & Milk1516Choice of Fruit & Milk1516Choice of Fruit & Milk1516Choice of Fruit & Milk1516Choice of Fruit & Milk13222320212223Choice of Fruit & Milk132223Choice of Fruit & Milk131420222021222323Choice of Fruit & Milk1314202327282930Chicken Breast Redskins Biscuit272829302728293010102728293010102829101010101029202110291001020212829301010 </td <td>Image: constraint of the constra</td>	Image: constraint of the constra

<u>Breakfast & Lunch is free to all students</u> <u>Menu is subject to change. This institution is an equal opportunity provider and employer.</u>

- 1. Fresh fruit & vegetable are offered daily
- 2. No trans-fat in the food offered
- 3. All breads and grains offered are whole grain
- 4. Calories are limited for different grade levels
- 5. Only nonfat and flavored nonfat milk offered
- 6. <u>Students must have a fruit or vegetable with their meal</u>
- 7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
- 8. Low fat dressings for salads are offered
- 9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal

planned for the day

- 10. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
- 11. Fresh vegetable bar offered daily at lunch