April

2019 k-12 Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Chicken Nuggets Wg Roll, Green Beans Fruit & Milk	2 Soup & Salad Bar Breadstick Fruit & Milk	3 Meatball Sub Salad bar Fruit Milk	4 Taco Refried Beans Fruit & Milk	5 Pizza Salad Bar Fruit & Milk	6
7	8 BBQ Chicken Sandwich Corn Fruit & Milk	9 Pasta Bar Garlic Bread Fruit Milk	10 Sloppy Joe Broccoli & Cheese Fruit & Milk	11 Nacho's Salad bar Fruit & Milk	12 Pizza Salad Bar Fruit & Milk	13
14	15 Chicken Patty Coleslaw Fruit & Milk	16 Fish Sticks Tater Tots Fruit & Milk	17 Chicken Broccoli Casserole Fruit & Milk	18 Walking Taco Salad bar Fruit & Milk	19 Pizza Salad Bar Fruit Milk	20
21	22 Chicken & Rice Bowl Salad, Fruit & Milk	23 Hamburger Chips Fruit & Milk	24 Bosco Sticks Veggie Pasta Fruit & Milk	25 Quesadilla's Spanish Rice Fruit & Milk	26 Pizza Salad Bar Fruit & Milk	27
28	29 Sweet & Sour Chicken Over Rice Fortune Cookie, Fruit & Milk	30 Ham & Cheese Sub Goldfish Fruit Milk				

Breakfast is Free to all students. Prepayment is Accepted and Encouraged. Menu is subject to change! This Institution is an equal opportunity provider and employer. Elementary Lunch- $2.50 High School Lunch-$2.85

School Lunches…. The Facts

1.Fresh fruit & Vegetables bar offered daily. 2. No trans-fat in the food offered. 3. All breads & grains offered are whole wheat. 4.Calories are limited for different grade levels. 5.Only non-fat & flavored non-fat milk offered. 6.Students must choose a fruit or veggie with meal. 7. Reduce sodium items are purchased. 8.Low Fat dressings for salads are offered.