

September

2025

Atlanta Community Schools

Breakfast Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	¹ No School	² Breakfast Sandwich Choice of Fruit Choice of Milk	³ Breakfast Pizza Choice of Fruit Choice of Milk	⁴ Choice of Muffin/Cereal Choice of Fruit Choice of Milk	⁵ Stuffed Hash brown Choice of Fruit Choice of Milk	⁶
⁷	⁸ Pop-tart Choice of Fruit Choice of Milk	⁹ Pull-a-part Donut Choice of Fruit Choice of Milk	¹⁰ Cinnamon Blueberry Twist Choice of Fruit Choice of Milk	¹¹ Bagel Cream Cheese Choice of Fruit Choice of Milk	¹² Bacon, Egg & Cheese Scramble Choice of Fruit Choice of Milk	¹³
¹⁴	¹⁵ Strawberry Oatmeal Bar Choice of Fruit Choice of Milk	¹⁶ Pancake Bites Choice of Fruit Choice of Milk	¹⁷ French Toast Hash Brown Choice of Fruit Choice of Milk	¹⁸ Egg & Cheese Calzone Choice of Fruit Choice of Milk	¹⁹ Overnight Oats Choice of Fruit Choice of Milk	²⁰
²¹	²² Bagel Cream Cheese Choice of Fruit Choice of Milk	²³ Breakfast Kit Choice of Fruit Choice of Milk	²⁴ Apple Cinnamon Texas Toast Choice of Fruit Choice of Milk	²⁵ Banana Bread Choice of Fruit Choice of Milk	²⁶ Breakfast Scramble w/ toast Choice of Fruit Choice of Milk	²⁷
²⁸	²⁹ Egg & Cheese Burrito Choice of Fruit Choice of Milk	³⁰ Donut Choice of Fruit Choice of Milk				

Breakfast & Lunch is free to all students

Menu is subject to change. This institution is an equal opportunity provider and employer.

Menu Items in Bold are made from scratch items

1. Fresh fruit & vegetable are offered daily
2. No trans-fat in the food offered
3. All breads and grains offered are whole grain
4. Calories are limited for different grade levels
5. Only nonfat and flavored nonfat milk offered
6. Students must have a fruit or vegetable with their meal
7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
8. Low fat dressings for salads are offered
9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
10. Sub Bar is offered daily for 6-12 grade. As an option for meal substitution.
11. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
12. Fresh vegetable bar offered daily at lunch