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| November |
| 2022 |
| Atlanta Community Schools |

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| Elementary Lunch Menu | Atlanta Schools Homepage |

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Chicken BreastRedskinsBreadstickHot VegetableFruitSalad bar & Milk | Taco’s GrapesSalad Bar & Milk | Roast Beef SubFruitSalad Bar & Milk | French Toast SticksSausage LinksHash BrownsFruitSalad Bar & milk |  |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|  | Chicken NuggetsVeggiesFruitSalad bar & milk | NachosCornFruitRefried BeansSalad bar & Milk | HamburgerFriesFruitSalad Bar & Milk | SpaghettiGreen BeansFruitSalad Bar & Milk | Biscuits & GravyHash brownsFruitSalad Bar & milk |  |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
|  | Chicken Fajita’sFruit Mexican RiceSalad Bar & Milk | No SchoolSafety Day | Walking TacoFruit VeggiesRefried BeansSalad Bar & Milk | Grilled CheeseTomato SoupCrackersFruitSalad Bar & Milk | Popcorn ChickenMashed Potato’sGravy, cornFruitSalad Bar & Milk |  |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
|  | Chicken NuggetsVeggiesFruit, go gurtSalad Bar & Milk | Philly Steak & Cheese SubVeggiesFruitSalad bar & milk | Popcorn ChickenMashed Potato’sGravy, cornFruitSalad Bar & Milk | No SchoolThanksgiving Break | No SchoolThanksgiving |  |
| 27 | 28 | 29 | 30 |  |  |  |
|  | Nacho’sFruitSalad Bar & Milk | Macaroni & CheeseHot VegetableFruit Salad Bar & Milk | Chicken Patty SandwichFruitSalad Bar & Milk |  |  |  |
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Breakfast & Lunch is free to all students.

Menu is subject to change. This institution is an equal opportunity provider and employer menu is subject to change.

1.Fresh fruit and a vegetable are offered daily.

2.No trans-fat in the food offered.

3. All breads and grains offered are whole grain.

4.  Calories are limited for different grade levels.

5. Only nonfat and flavored nonfat milk offered.

6. Students must have a fruit & veggie with their meal.

7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more are purchased.

8. Low fat dressings for salads are offered.

9. An alternative meal can be substituted of peanut butter and jelly sandwich with cheese stick. If the student doesn’t want the meal planned for the day.

10. Cereal, Muffin, cheese stick, fruit juice & milk offered every day at Breakfast.

11. Fresh veggie bar offered daily at lunch.