September

2025

Atlanta Community Schools

Elementary Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	No School	Chicken Tenders Sun Chips Veggie Bar Fruit & Milk	Cheesy Chicken Rice Bowl, Roll Veggie Bar Fruit & Milk	Walking Taco Refried Beans Veggie Bar Fruit & Milk	Corn Dog Fries Veggie Bar Fruit & Milk	6
7	General Tso's Thai Noodles Veggie Bar Fruit & Milk	Galzone Sweet Potato Fries Veggie Bar Fruit & Milk	Chicken Patty Baked Potato Bar Veggie Bar Fruit & Milk	Macaroni & Cheese Veggie Bar Fruit & Milk	Teriyaki Beef Rice Bowl Black Beans Veggie Bar Fruit & Milk	13
14	Fish Sticks Tator-tots Cole slaw Veggie Bar Fruit & Milk	Cheese Ravioli Breadsticks Veggie Bar Fruit & Milk	Nacho's Fava Beans Veggie Bar Fruit & Milk	Corn Dogs Fries Veggie Bar Fruit & Milk	19 Turkey Sub Veggie Bar Fruit & Milk	20
2.1	Chicken Breast Red skins Veggie Bar Fruit & Milk	Pretzel Cheese Cup Veggie Bar Fruit & Milk	Pizza Sub Veggie Bar Fruit & Milk	French Toast Hash browns Sausage Links Veggie Bar Fruit & Milk	26 Chicken Ranch Wraps Veggie Bar Fruit & Milk	27
28	Chicken Veggie Dumplings Veggie Fried Rice Veggie Bar Fruit & Milk	3° Hammy Sammy Veggie Bar Fruit & Milk				

Menu Items in Bold are made from scratch items

- 1. Fresh fruit & vegetable are offered daily
- 2. No trans-fat in the food offered
- 3. All breads and grains offered are whole grain
- 4. <u>Calories are limited for different grade levels</u>
- 5. Only nonfat and flavored nonfat milk offered
- 6. Students must have a fruit or vegetable with their meal
- 7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
- 8. Low fat dressings for salads are offered
- 9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
- 10. Sub Bar is offered daily for 6-12 grade. As an option for meal substitution.
- 11. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
- 12. Fresh vegetable bar offered daily at lunch