September

2025

Atlanta Community Schools

High School Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	No School	Chicken Tenders Sun Chips Veggie Bar Fruit & Milk	Cheesy Chicken Rice Bowl, Roll Veggie Bar Fruit & Milk	Walking Taco Hummus Veggie Bar Fruit & Milk	Corn Dog Fries Veggie Bar Fruit & Milk	6
7	General Tso's Thai Noodles Veggie Bar Fruit & Milk	Galzone Sweet Potato Fries Veggie Bar Fruit & Milk	Chicken Patty Baked Potato Bar Veggie Bar Fruit & Milk	Macaroni & Cheese Gold Fish Veggie Bar Fruit & Milk	Teriyaki Beef Rice Bowl Black Beans, Roll Veggie Bar Fruit & Milk	13
14.	Fish Sticks Tator-tots, Cole slaw, Bread stick Veggie Bar Fruit & Milk	16 Cheese Ravioli Veggie Bar Fruit & Milk	Nacho's Fava Beans Veggie Bar Fruit & Milk	Corn Dogs Fries Veggie Bar Fruit & Milk	Turkey Sub Sub Chips Veggie Bar Fruit & Milk	20
21	Chicken Drum Stick, Biscuit Red skins Veggie Bar Fruit & Milk	Pretzel Cheese Cup yogurt Veggie Bar Fruit & Milk	Pizza Sub Fava Beans Veggie Bar Fruit & Milk	French Toast Hash browns Sausage Links Veggie Bar Fruit & Milk	Chicken Ranch Wraps Veggie Bar Fruit & Milk	27
28	Chicken Veggie Dumplings Veggie Fried Rice Veggie Bar Fruit & Milk	Hammy Sammy String Cheese Rice Krispy Veggie Bar Fruit & Milk				

Menu is subject to change. This institution is an equal opportunity provider and employer. Menu Items in Bold are made from scratch items

- 1. Fresh fruit & vegetable are offered daily
- 2. No trans-fat in the food offered
- 3. All breads and grains offered are whole grain
- 4. Calories are limited for different grade levels
- 5. Only nonfat and flavored nonfat milk offered
- 6. Students must have a fruit or vegetable with their meal
- 7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
- 8. Low fat dressings for salads are offered
- An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
- 10. Sub Bar is offered daily for 6-12 grade. As an option for meal substitution.
- 11. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
- 12. Fresh vegetable bar offered daily at lunch