January
2019 A.C.S Lunch

k-12

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 NO SCHOOL	2 NO SCHOOL	3 Taco Salad Bar Fruit & Milk	4 Pep Pizza Salad Bar Fruit & Milk	5
6	7 Chicken Patty Chips Fruit & Milk	8 Hot Dog Coleslaw Fruit & Milk	9 Hot Ham on cheese sandwich Broccoli Fruit & Milk	10 Quesadilla black beans salad bar fruit &milk	11 Pep Pizza Salad Bar Fruit & Milk	12
13	14 Turkey Burger Green Beans Fruit & Milk	15 Chicken Nuggets Roll's, Peas Fruit & Milk	16 Bosco Sticks Veggie Pasta Fruit & Milk	17 Nacho's Refried Beans Fruit & Milk	18 Pep Pizza Salad Bar Fruit & Milk	19
20	21 Hamburger Potato Salad Fruit & MIlk	22 Turkey Sub Pretzel Pck. Fresh Veggies Fruit & Milk	23 Chicken Fajita's Spanish Rice Fruit & Milk	24 Soup & Salad Bar, Breadsticks Fruit & Milk	25 Pep Pizza Salad Bar Fruit & Milk	26
27	28 BBQ Chicken Corn Fruit & Milk	29 Pasta Bar Garlic Bread Fruit & Milk	30 Sloppy Joes Macaroni Salad Fruit & Milk	31 Walking Taco Salad Bar Fruit & Milk		

Breakfast is Free to all students. Prepayment is Accepted and Encouraged. Menu is subject to change! This Institution is an equal opportunity provider and employer. Elementary Lunch- $2.50 High School Lunch-$2.85

School Lunches…. The Facts

1.Fresh fruit & Vegetables bar offered daily. 2. No trans-fat in the food offered. 3. All breads & grains offered are whole wheat. 4.Calories are limited for different grade levels. 5.Only non-fat & flavored non-fat milk offered. 6.Students must choose a fruit or veggie with meal. 7. Reduce sodium items are purchased. 8.Low Fat